

BLUE AERA: program for non-residential

Parents are invited to join.



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	11	12	13	14	15	16	17	18
8:00 - 9:00		BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST		
9:00 - 10:00		OPENING CEREMONY / TRAINING	TRAINING	ASSESSMENTS	TRAINING	TRAINING / MENTAL CONDITIONING	BREAKFAST	BREAKFAST
10:00 - 11:00								
11:00 - 12:00		LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	FORT LAUDERDALE BEACH + BEACH SOCCER	
12:00 - 13:00		CONFERENCE: PSG PHILOSOPHY	CONFERENCE: INJURY PREVENTION / RECOVERY	VIDEO ANALYSE & GAME MODELS	CONFERENCE: NUTRITION & INVISIBLE TRAINING	GAMES		
		PHYSICAL THERAPY	PHYSICAL THERAPY	PHYSICAL THERAPY	PHYSICAL THERAPY			
13:00 - 14:00		TRAINING	TRAINING	ASSESSMENTS	TRAINING	AWARD CEREMONY		
14:00 - 15:00								
15:00		SNACK	SNACK	SNACK	SNACK	SNACK		
15:00 - 16:00		POOL	POOL	POOL	POOL	RECOVERY TIME / LANGUAGE CLASS	SOUVENIRS / SHOPPING	
16:00 - 17:00	CHECK-IN							
17:00 - 18:00		RECOVERY TIME / LANGUAGE CLASS	RECOVERY TIME / LANGUAGE CLASS	RECOVERY TIME / LANGUAGE CLASS	RECOVERY TIME / LANGUAGE CLASS	DINNER AT THE MALL		
18:00 - 19:00	WELCOME DINNER							
19:00 - 20:00		DINNER	DINNER	DINNER	DINNER	DINNER		
20:00 - 21:00	TEAM BUILDING ACTIVITIES	MOVIE NIGHT	TEAM BUILDING ACTIVITIES	MOVIE NIGHT	TEAM BUILDING ACTIVITIES		MOVIE THEATER	
21:00 - 22:00								
22:00	CURFEW	CURFEW	CURFEW LAUNDRY	CURFEW	CURFEW LAUNDRY	CURFEW	CURFEW LAUNDRY	